

SPIRITUAL RESOURCES / HINDU AND YOGA

revised 03/14/2018

- **Association of Happiness for all Mankind (AHAM)**

4368 NC Hwy 134, Asheboro NC 27203 / E-mail: ahamcntr@asheboro.com /

Website: www.aham.com

We are a direct lineage of the teacher Ramana Maharshi. Please write to us if you are interested in the practice of Self Inquiry (Atma Vichara) and awakening to your True Nature. We offer the booklets: *Living Free While Incarcerated* and *Practicing Self Inquiry*.

- **The Gangaji Foundation Prison Project**

PO Box 716, Ashland OR 97520 / Website: www.gangaji.org / 541-482-3100, 800-267-9205

The Gangaji Foundation Prison Program is committed to supporting prisoners throughout the world by providing volunteers, books, audio and video tapes at no charge. There are some prisoners who would like to correspond with volunteers regarding the teachings of Gangaji. If you are interested please write to Hari Lubin, Prison Program Manager c/o the Gangaji Foundation. Many prisons have started video groups on their own. These groups meet on a regular basis to watch videos of Gangaji and discuss the ways this teaching affects them on a personal level. Some prison participants have reported a reduction in anger and tension, and realized that they are already the freedom and peace that they have been seeking. Videotapes and books are sent to these groups free of charge.

- **International Pure Bhakti Yoga Society**

Tel: (800) 681-3040 / E-mail: vasantidasi@gmail.com / Website: www.purebhakti.com

Through the grace of Srila Bhaktivedanta Narayana Gosvami Maharaja, bhakti-yoga (linking to God through love and devotion) is taught through the auspices of chanting, meditation and reading divine scriptures and books. We are inspired to distribute his books to every sincere seeker. Please feel free to request your books through us.

- **ISKCON Prison Ministry**

PO Box 2676 Alachua, FL 32616 / Website: www.iskconprisonministry.org

ISKCON Prison Ministry has been giving Krishna consciousness to the inmates of prisons all over the world for over 16 years. Many people are looking for Krishna while incarcerated. We offer free books on devotional yoga, cassette tapes, spiritual correspondence, Back To Godhead magazines, japa and neck beads, and our IPM FreedomNewsletter.

- **Osho Viha Meditation Center**

PO Box 352, Mill Valley CA 94942 / E-mail: oshoviha@oshoviha.org

The Osho Meditation Center offers books by the enlightened master Osho (Bhagwan Sri Rajneesh), free of charge by request. We will send you available books from our present stock. We also offer a video program, providing free Osho videos, as well as the video Doing Time Doing Vipassana.

- **Love Serve Remember Foundation**

2355 Westwood Bldg #130, Los Angeles, CA 90064 / Website: www.ramdasstapes.org / 415-472-5381, 866-663-7770

We provide audio tapes of the treasured lectures and teachings of Ram Dass free of charge to inmates. Ram Dass' Hindu oriented teachings focus on service and devotion as spiritual path. You may write for a catalog or make a specific tape request. Please be sure to send your request with the necessary information regarding facility regulations for cassette tapes. Our cassette tapes are in clear, five-screw cassette shells.

- **Siddha Yoga Meditation Prison Project / SYDA Foundation**

Prison Project, PO Box 99140, Emeryville CA 94662 / 845-434-2000 /

E-mail: prisonproject@syda.org / Website: www.siddhayoga.org

The Prison Project is dedicated to supporting the spiritual development of incarcerated students of Siddha Yoga meditation. Swami Muktananda, who founded this Project in 1979: "If you want to respect yourself, if you want to improve yourself, if you want to experience the joy of your own inner Self, you can do that anywhere, even in prison." The Prison Project provides a free 12-year Siddha Yoga correspondence study course, called In Search of the Self, free of charge to any prisoner who requests it. Lessons are received monthly and are available in Spanish translation. The Prison Project also includes over 200 trained volunteer teachers who visit prisons and provide programs and courses designed to deepen the student's understanding of Siddha Yoga.

- **Prison Yoga Project**

www.prisonyoga.org PO Box 426, San Quentin, CA, 94964.